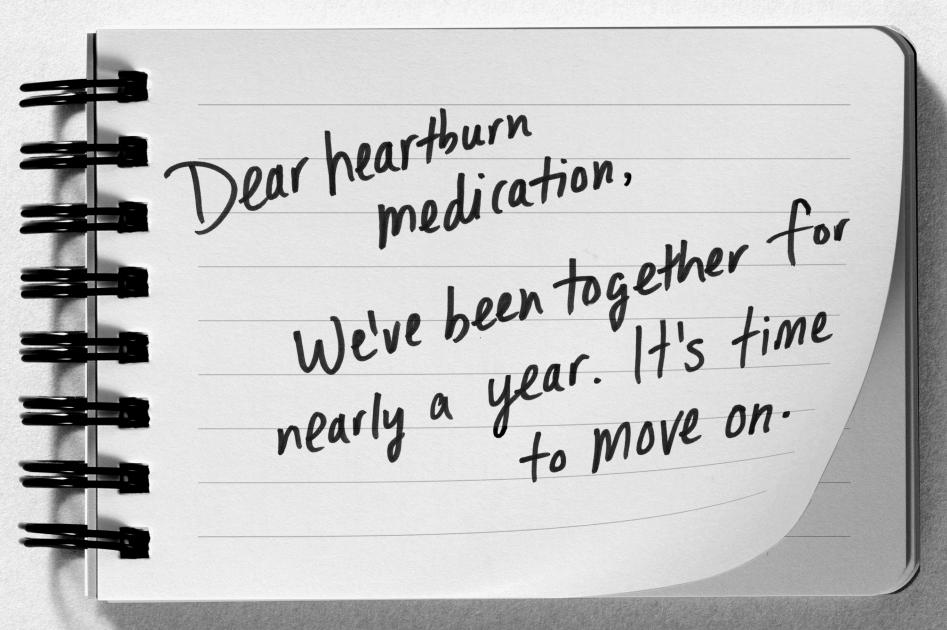
## Some things just aren't meant to be long term.



For most people, heartburn medication is not recommended for more than 3 months.

Ask your pharmacist, doctor or nurse if you can safely stop your reflux medication.



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